

Pregnancy & Birth Certifications

Paid Family & Medical Leave

STEP 1: Select the right form

This packet has forms for each stage of pregnancy and birth. Select the form for your circumstances. You'll need to submit an application and documentation for each type of leave you need.

Pregnancy

- Use the **Prenatal Care Medical Certification** form for applying for medical leave for medical care during your pregnancy.

Recovering from birth

- Use the **Certification of Birth** form for the first six weeks of medical leave to recover from giving birth. This form can be used for both medical leave to recover from birth and for family leave to bond with your baby.
- Use the **Medical Certification for Birth Complications** form when you need medical leave for more than six weeks to recover from birth.

Bonding with your new baby

Both parents can use the **Certification of Birth** form for family leave to bond with a child born into your family. Note, bonding leave requires a separate application.

STEP 2: Fill out the form

You complete required fields (*) in SECTION 1, and your health care provider completes SECTION 2.

Health care provider instructions are included in this packet.

STEP 3: Upload your completed form

Upload your completed form in your Paid Leave account or fax to 833-535-2273.

ໃບຢັ້ງຢືນການຖືພາ ແລະ ການເກີດ

ການລາພັກກິດຄອບຄົວ ແລະ ທາງການແພດທີ່ມີຄ່າຈ້າງ

ຂັ້ນຕອນ 1: ເລືອກແບບຟອມທີ່ຖືກຕ້ອງ

ຊຸດນີ້ປະກອບມີແບບຟອມສໍາລັບແຕ່ລະຊ່ວງໄລຍະຂອງການຖືພາ ແລະ ການເກີດລູກ. ເລືອກແບບຟອມທີ່ເໝາະກັບສະຖານະການຂອງທ່ານ. ທ່ານຈໍາເປັນຕ້ອງຢືນໃບຄໍາຮ້ອງ ແລະ ເອກະສານສໍາລັບການລາພັກແຕ່ລະປະເພດທີ່ທ່ານຕ້ອງການ.

ການຖືພາ

- ໃຊ້ແບບຟອມ **ການຢັ້ງຢືນທາງການແພດການດູແລກ່ອນການເກີດລູກ** ເພື່ອຢືນຄໍາຮ້ອງຂໍການລາພັກທາງການແພດສໍາລັບການດູແລທາງການແພດໃນລະຫວ່າງການຖືພາຂອງທ່ານ.

ການຝັນຕົວຈາກການເກີດລູກ

- ໃຊ້ແບບຟອມ **ການຢັ້ງຢືນການເກີດ** ສໍາລັບຫົກອາທິດທໍາອິດຂອງການລາພັກທາງການແພດ ເພື່ອຝັນຕົວຈາກການເກີດລູກ. ແບບຟອມນີ້ສາມາດນໍາໃຊ້ໄດ້ທັງການລາພັກທາງການແພດ ເພື່ອການຝັນຕົວຈາກການເກີດລູກ ແລະ ສໍາລັບການລາພັກຄອບຄົວເພື່ອຄວາມຜູກພັນກັບລູກຂອງທ່ານ.
- ໃຊ້ແບບຟອມ **ການຢັ້ງຢືນທາງການແພດສໍາລັບການເກີດທີ່ອາການແອກຊ້ອນ** ໃນເວລາທີ່ທ່ານຕ້ອງການລາພັກທາງການແພດຫຼາຍກວ່າຫົກອາທິດ ເພື່ອການຝັນຕົວຈາກການເກີດລູກ.

ການສ້າງສາຍຜູກພັນກັບລູກເກີດໃໝ່ຂອງທ່ານ

ພໍ່ແມ່ທັງສອງສາມາດໃຊ້ແບບຟອມ **ການຢັ້ງຢືນການເກີດ** ເພື່ອຂໍລາພັກກິດຄອບຄົວ ເພື່ອສ້າງສາຍຜູກພັນກັບລູກທີ່ເກີດໃນຄອບຄົວຂອງທ່ານ. ໝາຍເຫດ, ການລາພັກເພື່ອສ້າງສາຍຜູກພັນ ຈໍາຕ້ອງມີການຢືນຄໍາຮ້ອງທີ່ແຍກຕ່າງຫາກ.

ຂັ້ນຕອນ 2: ຕື່ມແບບຟອມ

ທ່ານຕ້ອງຕື່ມຂໍ້ມູນໃສ່ຊ່ວງທີ່ຈໍາເປັນຕ້ອງຕື່ມ (*) ໃນພາກທີ 1, ແລະ ຜູ້ໃຫ້ບໍລິການດ້ານສຸຂະພາບ ໃຫ້ຕື່ມໃນ ພາກທີ 2: ຄໍາແນະນໍາຂອງຜູ້ໃຫ້ບໍລິການດ້ານສຸຂະພາບແມ່ນລວມຢູ່ໃນຊຸດນີ້ແລ້ວ.

ຂັ້ນຕອນ 3: ອັບໂຫຼດແບບຟອມທີ່ຕື່ມແລ້ວຂອງທ່ານ

ອັບໂຫຼດແບບຟອມທີ່ຕື່ມແລ້ວຂອງທ່ານໃສ່ໃນບັນຊີ ລາພັກທີ່ໄດ້ຄ່າຈ້າງ ຫຼື ຕິດຕໍ່ຫາເບີ 833-535-2273.

Questions?

If you have any questions, please contact us at 833-717-2273 or paidleave@esd.wa.gov.

Instructions for Health Care Providers

“Health care provider” is defined by law in RCW 50A.05.010 and WAC 192-500-090.

Paid Leave medical certification forms are used to certify a serious health condition to qualify for Paid Family and Medical Leave. Your patient may be applying due to their own serious health condition, their pregnancy, or to care for a family member with a serious health condition. Our Certification of Birth form can be used for the first six weeks of medical leave to recover from giving birth and for family leave to bond with a new baby.

What to do when you receive a form: Fill out Section 2. Within 7 calendar days of receipt, return the form to your patient (they will share it with us). You cannot charge a fee for completing the form.

SERIOUS HEALTH CONDITION

A serious health condition is defined in RCW 50A.05.010. Generally, a serious health condition could include an illness, injury, impairment, or physical or mental condition that involves:

- **Inpatient care in a hospital, hospice, or residential medical care facility, including any period of incapacity; or**
- **Continuing treatment by a health care provider including any of the following:**
 - **Incapacity:** A period of incapacity of more than three consecutive days and subsequent treatment or period of incapacity relating to the same condition. Incapacity means an inability to work, attend school, or perform other regular daily activities because of a serious health condition, treatment of that condition or recovery from it, or subsequent treatment.
 - **Pregnancy:** Any period of incapacity due to pregnancy, or for prenatal care.
 - **Chronic conditions:** Any period of incapacity or treatment for such incapacity due to a chronic serious health condition. A chronic serious health condition is one which:
 - » Requires periodic visits to a health care provider;
 - » Continues over an extended period of time, including recurring episodes of a single underlying condition; and
 - » May cause episodic rather than a continuing period of incapacity, including asthma, diabetes, and epilepsy.
- **Permanent/Long-term:** A period of incapacity which is permanent or long-term due to a condition for which treatment may not be effective. The employee or family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider, including:
 - » Alzheimer’s, a severe stroke, or the terminal stages of a disease; or
 - » Multiple treatments: Any period of absence to receive multiple treatments, including any period of recovery from the treatments.
 - » Substance abuse may be a serious health condition if the treatment meets other requirements in this definition.

FOR MORE INFORMATION:

Visit paidleave.wa.gov/healthcare-providers.

Questions?

If you have any questions, please contact us at 833-717-2273 or paidleave@esd.wa.gov.

Prenatal Care Medical Certification

ໃບຮັບຮອງແພດການດູກ່ອນເກີດລູກ

Use this form when taking medical leave for prenatal care.	ໃຊ້ເບບຟອມນີ້ເມື່ອທ່ານສະເໜີຂໍ ການລາພັກທາງການແພດເພື່ອການຮັກສາຕົວກ່ອນເກີດລູກ.
SECTION 1: Patient information ພາກທີ 1: ຂໍ້ມູນຄົນເຈັບ	
Patient's name* ຊື່ຂອງຄົນເຈັບ*:	
Date of birth (MM/DD/YYYY)* ວັນເດືອນປີເກີດ (MM/DD/YYYY)*: : ___ / ___ / ___	Paid Leave Customer ID ID ລູກຄ້າການລາພັກທີ່ໄດ້ຄ່າຈ້າງ:
SECTION 2: Health care provider certification ພາກທີ 2: ໃບຢັ້ງຢືນຂອງຜູ້ໃຫ້ບໍລິການດ້ານສຸຂະພາບ To be completed and signed by a health care provider for leave related to prenatal care. <ul style="list-style-type: none">Complete all required fields (*). Incomplete forms may delay your patient's eligibility for benefits.Indicate on this form if your patient is experiencing incapacity related to pregnancy. This allows us to approve the full amount of leave they are entitled to.Give specific dates. Terms such as "unknown" or "indeterminate" won't be sufficient to determine Paid Leave eligibility.	
The patient is (check all that apply)*: <ul style="list-style-type: none"><input type="checkbox"/> Pregnant and seeking leave for prenatal care.<input type="checkbox"/> Experiencing incapacity due to a prenatal health condition. Can include but is not limited to severe morning sickness, pre-eclampsia, infections, or other prenatal complications.	
Provide the start and end dates for the leave needed due to the conditions selected above*. Give specific dates. If leave is needed for the duration of the pregnancy, provide the estimated due date as the end date. Otherwise, the end date should be the estimated date the incapacity will no longer exist. Start date (MM/DD/YYYY)*: ___ / ___ / ___ End date (MM/DD/YYYY)*: ___ / ___ / ___	
<i>I declare under penalty of perjury that the information provided in this form is true and correct, that I have read and understand the definition of a serious health condition, that the patient's condition meets the definition of "serious health condition," and that I am a health care provider authorized to certify their condition (RCW 50A.05.010; WAC 192-500-090).</i>	
Signature* :	Date (MM/DD/YYYY)*: ___ / ___ / ___
Name and title* :	
Certificate license number and state:	Type of practice/Specialty* :
Phone* :	Email address :
Business address* :	

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Certification of Birth

ໃບຢັ້ງຢືນການເກີດ

Use this form when taking leave for: <ul style="list-style-type: none">• The first six weeks of medical leave to recover from giving birth.• Family leave to bond with a child born into your family.	ໃຊ້ແບບຟອມນີ້ເມື່ອທ່ານສະເໜີຂໍ ການລາໄພເພື່ອ: <ul style="list-style-type: none">• ການລາໄພເພື່ອຝື້ນຕົວຈາກການເກີດລູກເປັນເວລາຫົກອາທິດທຳອິດ• ພໍ່ແມ່ທັງສອງສາມາດໃຊ້ແບບຟອມ ການຢັ້ງຢືນການເກີດເພື່ອຂໍລາໄພກັບຄອບຄົວເພື່ອສ້າງສາຍຜູກພັນກັບລູກທີ່ເກີດໃນຄອບຄົວຂອງທ່ານ.
SECTION 1: Parents' information ພາກທີ 1: ຂໍ້ມູນຄົນເຈັບ	
Name of parent who gave birth* ຊື່ຂອງຜູ້ປຶກຄອງທີ່ເກີດລູກ*:	
Date of birth (MM/DD/YYYY)* ວັນເດືອນປີເກີດ (MM/DD/YYYY)*: ___/___/___	Paid Leave Customer ID ID ລູກຄ້າການລາໄພທີ່ໄດ້ຄ່າຈ້າງ:
Name of non-birthing parent (if taking leave) ຊື່ຜູ້ປຶກຄອງທີ່ບໍ່ໄດ້ເປັນຄົນເກີດລູກ (ຫາກມີການລາໄພກມາ):	
Date of birth (MM/DD/YYYY)* ວັນເດືອນປີເກີດ (MM/DD/YYYY)*: ___/___/___	Paid Leave Customer ID ID ລູກຄ້າການລາໄພທີ່ໄດ້ຄ່າຈ້າງ:
SECTION 2: Certification of birth ພາກທີ 2: ໃບຢັ້ງຢືນການເກີດ	
To be completed and signed by a health care provider, midwife, or a representative of a healthcare facility. Complete all required fields (*). Incomplete forms may delay your patient's eligibility for benefits.	
Child's date of birth (MM/DD/YYYY)* : ___ / ___ / ___	Place of birth (city, state)* :
<i>I declare under penalty of perjury that the information provided in this form is true and correct, and that I am a health care provider as defined in RCW 50A.05.010, a midwife, or a representative of a healthcare facility.</i>	
Signature* :	Date (MM/DD/YYYY)* : ___ / ___ / ___
Name and title* :	
Type of practice/Specialty* :	
Phone* :	Email address :
Business address* :	

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Medical Certification for Birth Complications

ໃບຢັ້ງຢືນທາງການແພດທີ່ອະທິບາຍອາການແລກຊ້ອນໃນການເກີດລູກ

<p>Use this form when taking leave to recover from giving birth for more than six weeks or if you had complications. If you did not experience complications and are taking six weeks or less of leave to recover from giving birth, use the Certification of Birth form above.</p>	<p>ໃຊ້ແບບຟອມນີ້ເມື່ອທ່ານຂໍວາລະພັກຫຼາຍຫຼັງກາງທີ່ດຸ່ວຍພັນຕົວຈາກການເກີດລູກ ຫຼື ມີອາການແລກຊ້ອນຈາກການເກີດລູກ. ຫາກທ່ານບໍ່ໄດ້ປະສົບກັບບັນຫາແລກຊ້ອນ ແລະ ໃຊ້ໄວລາວາລະພັກພາຍໃນຫົກອາທິດ ຫຼື ຕໍ່າກວ່າໃນການພັນຕົວ, ກະລຸນາໃຊ້ໃບຢັ້ງຢືນການເກີດຂ້າງເທິງນີ້.</p>
SECTION 1: Patient information ພາກທີ 1: ຂໍ້ມູນຄົນເຈັບ	
Patient's name* ຊື່ຂອງຄົນເຈັບ*:	
Date of birth (MM/DD/YYYY)* ວັນເດືອນປີເກີດ (MM/DD/YYYY)*: ____/____/____	Paid Leave Customer ID ID ລູກຄ້າການວາລະພັກທີ່ໄດ້ຄ່າຈ້າງ:
SECTION 2: Health care provider certification ພາກທີ 2: ໃບຢັ້ງຢືນຂອງຜູ້ໃຫ້ບໍລິການດ້ານສຸຂະພາບ To be completed and signed by a health care provider if more than six weeks of recovery from birth is medically necessary.	
<ul style="list-style-type: none">• Complete all required fields (*). Incomplete forms may delay your patient's eligibility for benefits.• Give specific dates. Terms such as "unknown" or "indeterminate" won't be sufficient to determine Paid Leave eligibility.• Answers should be your best estimate based on your medical knowledge, experience, and examination of the patient.	
Briefly describe the incapacity due to postnatal serious health condition*. <i>Can include but is not limited to recovery after a cesarean delivery, infections, or other postnatal complications.</i>	
Provide the start and end dates for the leave needed for the serious health condition described above*. <i>Do not include bonding leave, which may be applied for separately.</i>	
Start date (MM/DD/YYYY)* : ____ / ____ / ____	End date (MM/DD/YYYY)* : ____ / ____ / ____
<i>I declare under penalty of perjury that the information provided in this form is true and correct, that I have read and understand the definition of a serious health condition, that the patient's condition meets the definition of "serious health condition," and that I am a health care provider authorized to certify their condition (RCW 50A.05.010; WAC 192-500-090).</i>	
Signature* :	Date (MM/DD/YYYY)* : ____ / ____ / ____
Name and title* :	
Certificate license number and state:	Type of practice/Specialty* :
Phone* :	Email address :
Business address* :	

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