

# Pregnancy & Birth

## Certifications

### Paid Family & Medical Leave

#### STEP 1: Select the right form

This packet has forms for each stage of pregnancy and birth. Select the form for your circumstances. You'll need to submit an application and documentation for each type of leave you need.

#### Pregnancy

- Use the **Prenatal Care Medical Certification** form for applying for medical leave for medical care during your pregnancy.

#### Recovering from birth

- Use the **Certification of Birth** form for the first six weeks of medical leave to recover from giving birth. This form can be used for both medical leave to recover from birth and for family leave to bond with your baby.
- Use the **Medical Certification for Birth Complications** form when you need medical leave for more than six weeks to recover from birth.

#### Bonding with your new baby

Both parents can use the **Certification of Birth** form for family leave to bond with a child born into your family. Note, bonding leave requires a separate application.

#### STEP 2: Fill out the form

You complete required fields (\*) in SECTION 1, and your health care provider completes SECTION 2. Health care provider instructions are included in this packet.

#### STEP 3: Upload your completed form

Upload your completed form in your Paid Leave account or fax to 833-535-2273.

# Waraqaawwan Ragaa

## Dhalootaa fi Kan Yeroo Ulfaa

### Boqonnaa Maatii fi Yaala Fayyaa Kaffaltii

#### Waliinii

#### SADARKA 1: Unka isa sirrii filadhaa

Paakeejii kun unkota sadarkaalee ulfaa fi dhalootaa of keessaa qaba. Haala keessa jirtaniif unkicha filadhaa. Gosa boqonnaa fudhachuu barbaaddaniif iyyataa fi sanadoota galchuu qabdu.

#### Yeroo Ulfaa

- Unka **Waraqaa Ragaa Yaala Fayyaa Kunuunsa Da'umsa Duraa** fayyadamuunkuunsa fayyaatiif boqonnaa yaalaa iyyadhaa.

#### Da'umsaan booda dandamachuu

- Erga deessaniin booda dandamannaadhaaf torbeewwan boqonnaa yaala fayyaa jalqabaa jahaaf Unka **Waraqaa Ragaa Dhalootaa** fayyadamaa. Unki kun da'umsaan booda damdamachuudhaaf akkasumas daa'ima keessan waliin walitti hidhachuuf boqonnaa maatii fayyaduu danda'a.
- Torbeewwan jahaa oliif da'umsa irraa damdamachuuf yeroo boqonnaa barbaaddan guca **Waraqaa Ragaa Yaala Fayyaa Rakkoo Da'umsaa Walxaxaaf** jedhu fayyadamaa.

#### Daa'ima keessan haaraa waliin walitti hidhachuu

Maatiiwwan lachuun guca **Waraqaa Ragaa Dhalootaa** boqonnaa maatiidhaaf daa'ima maatii keessan keessatti dhalate waliin walitti dhufeenya uumuudhaaf fayyadamuu ni danda'u. Yaadannoo, boqonnaa walitti hidhuun iyyata biraa barbaada.

#### SADARKA 2: Unkicha guutaa

KUTAA 1 keessatti iddoo barbaachisoo (\*) guutaa, dhiyeessaan kunuunsa yaala fayyaa kee immoo KUTAA 2 guuta. Qajeelfamootni dhiyeessaa kunuunsa yaala fayyaa paakeejii kana keessatti haammatamee jira.

#### SADARKAA 3: Unka guuttan ol-fe'aa

Unka guutame akkaawuntii Boqonnaa Kaffaltii Waliinii keessanitti olfe'aa ykn lakkoofsa 833-535-2273 irratti faaksii godhaa.

#### Questions?

If you have any questions, please contact us at 833-717-2273 or [paidleave@esd.wa.gov](mailto:paidleave@esd.wa.gov).

# Instructions for Health Care Providers

“Health care provider” is defined by law in RCW 50A.05.010 and WAC 192-500-090.

Paid Leave medical certification forms are used to certify a serious health condition to qualify for Paid Family and Medical Leave. Your patient may be applying due to their own serious health condition, their pregnancy, or to care for a family member with a serious health condition. Our Certification of Birth form can be used for the first six weeks of medical leave to recover from giving birth and for family leave to bond with a new baby.

**What to do when you receive a form:** Fill out Section 2. Within 7 calendar days of receipt, return the form to your patient (they will share it with us). You cannot charge a fee for completing the form.

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## SERIOUS HEALTH CONDITION

A serious health condition is defined in RCW 50A.05.010. Generally, a serious health condition could include an illness, injury, impairment, or physical or mental condition that involves:

- **Inpatient care in a hospital, hospice, or residential medical care facility, including any period of incapacity; or**
- **Continuing treatment by a health care provider including any of the following:**
  - **Incapacity:** A period of incapacity of more than three consecutive days and subsequent treatment or period of incapacity relating to the same condition. Incapacity means an inability to work, attend school, or perform other regular daily activities because of a serious health condition, treatment of that condition or recovery from it, or subsequent treatment.
  - **Pregnancy:** Any period of incapacity due to pregnancy, or for prenatal care.
  - **Chronic conditions:** Any period of incapacity or treatment for such incapacity due to a chronic serious health condition. A chronic serious health condition is one which:
    - » Requires periodic visits to a health care provider;
    - » Continues over an extended period of time, including recurring episodes of a single underlying condition; and
    - » May cause episodic rather than a continuing period of incapacity, including asthma, diabetes, and epilepsy.
- **Permanent/Long-term:** A period of incapacity which is permanent or long-term due to a condition for which treatment may not be effective. The employee or family member must be under the continuing supervision of, but need not be receiving active treatment by, a health care provider, including:
  - » Alzheimer’s, a severe stroke, or the terminal stages of a disease; or
  - » Multiple treatments: Any period of absence to receive multiple treatments, including any period of recovery from the treatments.
  - » Substance abuse may be a serious health condition if the treatment meets other requirements in this definition.

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## FOR MORE INFORMATION:

Visit [paidleave.wa.gov/healthcare-providers](https://paidleave.wa.gov/healthcare-providers).

## Questions?

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# Prenatal Care Medical Certification

## Waraqaa Ragaa Yaala Fayyaa



Use this form when taking medical leave for prenatal care.		Haala fayyaa hamaa dhuunfaa keessaniif yeroo boqonnaa yaalaa fudhattan unka kana fayyadamaa.	
<b>SECTION 1: Patient information   KUTAA 1: Odeeffannoo dhukkubsataa</b>			
Patient's name*   Maqaa dhukkubsataa*:			
Date of birth (MM/DD/YYYY)*   Guyyaa Dhalootaa (MM/DD/YYYY)* : : ___ / ___ / ___		Paid Leave Customer ID   Eenyummeessa Maamilaa Boqonnaa Kaffaltii Waliinii:	
<b>SECTION 2: Health care provider certification   KUTAA 2: Waraqaa ragaa dhiyeessaan tajaajila fayyaa</b>			
<p><b>To be completed and signed by a health care provider for leave related to prenatal care.</b></p> <ul style="list-style-type: none"> <li>Complete all required fields (*). Incomplete forms may delay your patient's eligibility for benefits.</li> <li>Indicate on this form if your patient is experiencing incapacity related to pregnancy. This allows us to approve the full amount of leave they are entitled to.</li> <li>Give specific dates. Terms such as "unknown" or "indeterminate" won't be sufficient to determine Paid Leave eligibility.</li> </ul>			
<p>The patient is (check all that apply)*:</p> <p><input type="checkbox"/> <b>Pregnant and seeking leave for prenatal care.</b></p> <p><input type="checkbox"/> <b>Experiencing incapacity due to a prenatal health condition.</b> <i>Can include but is not limited to severe morning sickness, pre-eclampsia, infections, or other prenatal complications.</i></p> <p><b>Provide the start and end dates for the leave needed due to the conditions selected above*.</b> Give specific dates. If leave is needed for the duration of the pregnancy, provide the estimated due date as the end date. Otherwise, the end date should be the estimated date the incapacity will no longer exist.</p> <p><b>Start date (MM/DD/YYYY)* :</b> ___ / ___ / ___      <b>End date (MM/DD/YYYY)* :</b> ___ / ___ / ___</p>			
<p><i>I declare under penalty of perjury that the information provided in this form is true and correct, that I have read and understand the definition of a serious health condition, that the patient's condition meets the definition of "serious health condition," and that I am a health care provider authorized to certify their condition (RCW 50A.05.010; WAC 192-500-090).</i></p>			
Signature* :		Date (MM/DD/YYYY)* : ___ / ___ / ___	
Name and title* :			
Certificate license number and state:		Type of practice/Specialty* :	
Phone* :		Email address :	
Business address* :			

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# Certification of Birth

## Waraqaa Ragaa Guyyaa dhalootaa

<b>Use this form when taking leave for:</b> <ul style="list-style-type: none"><li>• The first six weeks of medical leave to recover from giving birth.</li><li>• Family leave to bond with a child born into your family.</li></ul>	<b>Yeroo boqonnaa yaalaa fudhattan unka kana fayyadamaa:</b> <ul style="list-style-type: none"><li>• Erga deessaniin booda dandamannaadhaaf torbeewwan boqonnaa yaala fayyaa jalqabaa jahaaf.</li><li>• Boqonnaa maatii daa'ima maatii keessan keessatti dhalate waliin walitti hidhamnisa uumuuf kennamu.</li></ul>
<b>SECTION 1: Parents' information   KUTAA 1: Odeeffannoo Warraa</b>	
<b>Name of parent who gave birth*   Maqaa Warra Dhala Godhatanii*:</b>	
<b>Date of birth (MM/DD/YYYY)*   Guyyaa Dhalootaa (MM/DD/YYYY)*:</b> ___ / ___ / ___	<b>Paid Leave Customer ID   Eenyummeessa Maamilaa Boqonnaa Kaffaltii Waliinii:</b>
<b>Name of non-birthing parent (if taking leave)   Maqaa Warra Dhala Hin Godhannee (yoo boqonnaa waggaa fudhatan):</b>	
<b>Date of birth (MM/DD/YYYY)*   Guyyaa Dhalootaa (MM/DD/YYYY)*:</b> ___ / ___ / ___	<b>Paid Leave Customer ID   Eenyummeessa Maamilaa Boqonnaa Kaffaltii Waliinii:</b>
<b>SECTION 2: Certification of birth   KUTAA 2: Waraqaa Ragaa Guyyaa dhalootaa</b>	
<b>To be completed and signed by a health care provider, midwife, or a representative of a healthcare facility.</b> Complete all required fields (*). Incomplete forms may delay your patient's eligibility for benefits.	
<b>Child's date of birth (MM/DD/YYYY)* : ___ / ___ / ___</b>	<b>Place of birth (city, state)* :</b>
<i>I declare under penalty of perjury that the information provided in this form is true and correct, and that I am a health care provider as defined in RCW 50A.05.010, a midwife, or a representative of a healthcare facility.</i>	
<b>Signature* :</b>	<b>Date (MM/DD/YYYY)* : ___ / ___ / ___</b>
<b>Name and title* :</b>	
<b>Type of practice/Specialty* :</b>	
<b>Phone* :</b>	<b>Email address :</b>
<b>Business address* :</b>	

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# Medical Certification for Birth Complications

## Waraqaa Ragaa Yaala Fayyaa Kan Da'umsa

### Walxaxaa

<p><b>Use this form when taking leave to recover from giving birth for more than six weeks or if you had complications.</b> If you did not experience complications and are taking six weeks or less of leave to recover from giving birth, use the Certification of Birth form above.</p>		<p><b>Torban jahaa ol da'umsa irraa fayyuuf yeroo boqonnaa fudhattu ykn yoo rakkoon walxaxaa si mudate unka kana fayyadami.</b> Yoo rakkoon si mudatee fi da'umsa irraa dandamachuuf boqonnaa torban jahaa fi isaa gadi fudhachaa jirta ta'e unka Ragaa Dhalootaa armaan olitti ibsame fayyadami.</p>	
<p><b>SECTION 1: Patient information   KUTAA 1: Odeeffannoo dhukkubsataa</b></p>			
<p><b>Patient's name*   Maqaa dhukkubsataa*:</b></p>			
<p><b>Date of birth (MM/DD/YYYY)*   Guyyaa Dhalootaa (MM/DD/YYYY)*:</b>        ___ / ___ / ___</p>		<p><b>Paid Leave Customer ID   Eenyummeessa Maamilaa Boqonnaa Kaffaltii Waliinii:</b></p>	
<p><b>SECTION 2: Health care provider certification   KUTAA 2: Waraqaa ragaa dhiyeessaan tajaajila fayyaa</b></p> <p><b>To be completed and signed by a health care provider <u>if more than six weeks</u> of recovery from birth is medically necessary.</b></p> <ul style="list-style-type: none"> <li>• Complete all required fields (*). Incomplete forms may delay your patient's eligibility for benefits.</li> <li>• Give specific dates. Terms such as "unknown" or "indeterminate" won't be sufficient to determine Paid Leave eligibility.</li> <li>• Answers should be your best estimate based on your medical knowledge, experience, and examination of the patient.</li> </ul>			
<p><b>Briefly describe the incapacity due to postnatal serious health condition*.</b> <i>Can include but is not limited to recovery after a cesarean delivery, infections, or other postnatal complications.</i></p>			
<p><b>Provide the start and end dates for the leave needed for the serious health condition described above*.</b> <i>Do not include bonding leave, which may be applied for separately.</i></p>			
<p><b>Start date (MM/DD/YYYY)* :</b> ___ / ___ / ___</p>		<p><b>End date (MM/DD/YYYY)* :</b> ___ / ___ / ___</p>	
<p><i>I declare under penalty of perjury that the information provided in this form is true and correct, that I have read and understand the definition of a serious health condition, that the patient's condition meets the definition of "serious health condition," and that I am a health care provider authorized to certify their condition (RCW 50A.05.010; WAC 192-500-090).</i></p>			
<p><b>Signature* :</b></p>		<p><b>Date (MM/DD/YYYY)* :</b> ___ / ___ / ___</p>	
<p><b>Name and title* :</b></p>			
<p><b>Certificate license number and state:</b></p>		<p><b>Type of practice/Specialty* :</b></p>	
<p><b>Phone* :</b></p>		<p><b>Email address :</b></p>	
<p><b>Business address* :</b></p>			

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